

# Maine Shared Community Health Needs Assessment

## District Summary: 2015

Central District


Updated: October 2015

Maine Shared CHNA Health Indicators	Central	Kennebec	Somerset	Maine	U.S.
<b>Demographics</b>					
Total Population	172,870	121,164	51,706	1,328,302	319 Mil
Population – % ages 0-17	20.0%	19.9%	20.3%	19.7%	23.3%
Population – % ages 18-64	62.5%	63.0%	61.5%	62.6%	62.6%
Population – % ages 65+	17.5%	17.1%	18.3%	17.7%	14.1%
Population – % White	96.6%	96.4%	97.0%	95.2%	77.7%
Population – % Black or African American	0.6%	0.6%	0.5%	1.4%	13.2%
Population – % American Indian and Alaska Native	0.5%	0.5%	0.5%	0.7%	1.2%
Population – % Asian	0.7%	0.8%	0.6%	1.1%	5.3%
Population – % Hispanic	1.3%	1.4%	1.0%	1.4%	17.1%
<b>Socioeconomic Status Measures</b>					
Adults living in poverty	14.8%	13.4%	17.8%	13.6%	15.4%
Children living in poverty	19.9%	17.7%	24.9%	18.5%	21.6%
High school graduation rate	84.9%	85.5%	83.9%	86.5%	81.0%
Unemployment rate	6.1%	5.4%	7.9%	5.7%	6.2%
65+ living alone	40.7%	42.7%	36.3%	41.2%	37.7%
<b>General Health Status</b>					
Adults who rate their health fair to poor	17.9%	16.1%	22.1%	15.6%	16.7%
Adults with 14+ days lost due to poor mental health	14.3%	14.0%	14.9%	12.4%	NA
Adults with 14+ days lost due to poor physical health	15.0%	14.1%	17.1%	13.1%	NA
Adults with three or more chronic conditions	29.2%	27.7%	32.5%	27.6%	NA
<b>Access</b>					
Adults with a usual primary care provider	87.3%	88.0%	85.5%	87.7%	76.6%
MaineCare enrollment	30.9%	29.0%	35.5%	27.0%	23.0%
Percent uninsured	10.2%	9.6%	12.2%	10.4%	11.7%
<b>Health Care Quality</b>					
Ambulatory care-sensitive condition hospital admission rate per 100,000 population	1,472.2	1,390.4	1,665.2	1,499.3	1458
<b>Oral Health</b>					
Adults with visits to a dentist in the past 12 months	64.8%	67.4%	59.1%	65.3%	67.2%
<b>Respiratory</b>					
Asthma emergency department visits per 10,000 population	77.5	67.6	101.2	67.3	NA
COPD hospitalizations per 100,000 population	191.1	166.5	246.8	216.3	NA
Current asthma (Adults)	13.1%	12.6%	14.4%	11.7%	9.0%
Current asthma (Youth 0-17)	11.2%†	10.7%†	12.1%†	9.1%	NA
<b>Cancer</b>					
Mortality – all cancers per 100,000 population	200.8	199.4	204.9	185.5	169
Mammograms females age 50+ in past two years	82.9%	82.9%	82.8%	82.1%	77.0%
Colorectal screening	75.2%	77.7%	70.1%	72.2%	NA
Pap smears females ages 21-65 in past three years	85.9%	85.7%	86.7%	88.0%	78.0%

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<b>Cardiovascular Disease</b>					
Hypertension prevalence	34.6%	32.4%	39.6%	32.8%	31.4%
High cholesterol	41.0%	40.0%	43.3%	40.3%	38.4%
<b>Diabetes</b>					
Diabetes prevalence (ever been told)	10.2%	9.5%	11.8%	9.6%	9.7%
Pre-diabetes prevalence	6.0%	5.0%	8.1%†	6.9%	NA
Adults with diabetes who have had an A1C test twice per year	70.4%	NA	NA	73.2%	NA
<b>Environmental Health</b>					
Children with confirmed elevated blood lead levels (% among those screened)	2.3%	2.3%	2.4%	2.5%	NA
Children with unconfirmed elevated blood lead levels (% among those screened)	6.9%	5.7%	9.1%	4.2%	NA
Homes with private wells tested for arsenic	52.6%	56.5%	45.4%	43.3%	NA
<b>Immunization</b>					
Adults immunized annually for influenza	41.6%	43.4%	37.6%	41.5%	NA
Adults immunized for pneumococcal pneumonia (ages 65 and older)	73.7%	74.0%	73.1%	72.4%	69.5%
Immunization exemptions among kindergarteners for philosophical reasons	3.4%	3.1%	3.9%	3.7%	NA
<b>Infectious Disease</b>					
Hepatitis B (acute) incidence per 100,000 population	2.9†	4.1†	0.0†	0.9	0.9
Hepatitis C (acute) incidence per 100,000 population	2.9†	3.3†	2.0†	2.3	0.7
Lyme disease incidence per 100,000 population	90.0	113.9	33.2†	105.3	10.5
Pertussis incidence per 100,000 population	35.4	14.0†	86.0	41.9	10.3
<b>STD/HIV</b>					
Chlamydia incidence per 100,000 population	276.3	295.6	230.6	265.5	452
Gonorrhea incidence per 100,000 population	16.3	19.0	9.8†	17.8	110
<b>Intentional Injury</b>					
Nonfatal child maltreatment per 1,000 population	NA	NA	NA	14.6	9.1
Suicide deaths per 100,000 population	15.6	14.7	17.7	15.2	12.6
<b>Unintentional Injury</b>					
Unintentional and undetermined intent poisoning deaths per 100,000 population	12.7	13.6	10.4	11.1	13.2
Unintentional fall related injury emergency department visits per 10,000 population	421.0	400.1	470.7	361.3	NA
Unintentional motor vehicle traffic crash related deaths per 100,000 population	12.5	12.0	13.8	10.8	10.5
<b>Mental Health</b>					
Adults who have ever had anxiety	20.9%	20.5%	21.8%	19.4%	NA
Adults who have ever had depression	24.8%	24.1%	26.5%	23.5%	18.7%
Co-morbidity for persons with mental illness	38.1%	36.0%	NA	35.2%	NA
<b>Physical Activity, Nutrition and Weight</b>					
Sedentary lifestyle – no leisure-time physical activity in past month (Adults)	24.6%	22.6%	29.3%	22.4%	25.3%
Obesity (Adults)	30.0%	28.3%	33.8%	28.9%	29.4%
Obesity (High School Students)	15.2%	14.3%	16.9%	12.7%	13.7%
Overweight (Adults)	38.9%	38.8%	39.0%	36.0%	35.4%
Overweight (High School Students)	16.9%	16.7%	17.4%	16.0%	16.6%
<b>Pregnancy and Birth Outcomes</b>					
Infant deaths per 1,000 live births	6.2	5.7	7.5	6.0	6.0

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Live births for which the mother received early and adequate prenatal care	79.7%	81.3%	75.5%	86.4%	84.8%
Live births to 15-19 year olds per 1,000 population	24.9	23.7	27.8	20.5	26.5
Low birth weight (<2500 grams)	6.7%	6.9%	6.1%	6.6%	8.0%
<b>Substance and Alcohol Abuse</b>					
Binge drinking of alcoholic beverages (Adults)	16.1%	15.5%	17.3%	17.4%	16.8%
Drug-affected baby referrals received as a percentage of all live births	9.4%	8.3%	12.3%	7.8%	NA
Past-30-day alcohol use (High School Students)	24.4%	24.0%	25.1%	26.0%	34.9%
Past-30-day marijuana use (High School Students)	20.5%	20.0%	21.6%	21.6%	23.4%
Past-30-day nonmedical use of prescription drugs (Adult)	0.9%†	0.1%†	2.5%†	1.1%	NA
Past-30-day nonmedical use of prescription drugs (High School Students)	4.3%	4.5%	4.1%	5.6%	NA
<b>Tobacco Use</b>					
Current smoking (Adults)	20.4%	17.9%	26.1%	20.2%	19.0%
Current tobacco use (High School Students)	19.0%	18.6%	19.6%	18.2%	22.4%

 Indicates district/county is significantly better than state average (using a 95% confidence level).

 Indicates district/county is significantly worse than state average (using a 95% confidence level).

† Results may be statistically unreliable due to small numerator, use caution when interpreting.